

KEYNOTE SPEAKERS



Lars Jorgensen Head Coach Kentucky

Lars Jorgensen enters his third year as the head coach at the University of Kentucky after serving as the associate head coach under long-time Wildcat skipper Gary Conelly from 2011-12. In his two years leading the program, Jorgensen has helped the Blue and White make strides within both Southeastern Conference and national ranks.

As a student-athlete, Jorgensen was a standout swimmer for UT and the United States, representing the USA in the 1500-meter freestyle at the 1988 Seoul Olympics and has six USA National Championship titles to his name. Jorgensen also held the UT record in the 1000 free, touching in at 9:05.38 in 1992 for a record that remained untouched until 2015 and was the program record holder in the 1650 free in 15:04.58, which stood from 1992-2009. Additionally, he holds the record for the Ironman World Championship swimming split in 46:41, along with the second-fastest swimming split in Ironman history as the two times have been the fastest splits for 17 years.

AGENDA

THURSDAY:

5:30-6:30 PM PA Hall of Fame meeting

6:30-7:30 PM PHSSCA Executive Board meeting

7:00-10:00 PM Coaches' round table hosted by PM Roy Snyder Wilson HS & Dick Guyer York Suburban HS plus featuring a "Bring & Share". Coaches please bring a favorite drill, set, practice or coaching idea to share. Copies will be made for all who attend this session

FRIDAY:

8:15-8:30 AM Welcome by PHSSCA Board

8:30-9:30 AM Coach Lars Jorgenson - Kentucky

9:40-10:40 PM Coach Chris Villa - IUP

10:50-11:50 PM Coach Lars Jorgenson - Kentucky

11:50 PM-1:15 PM **"WORKING LUNCH"**
provided by the PHSSCA

PHSSCA MEETING

Meeting for all PHSSCA Members

1:20 PM-2:20 PM Coach Lars Jorgenson - Kentucky

2:25 PM-3:25 PM Coach Chris Villa - IUP

3:25 PM Clinic wrap up

Clinic Registration Form

NOTE - all clinic attendees must be a paid member of the Pennsylvania High School Swimming Coaches' Association.

___ PHSSCA MEMBERSHIP - \$15.00
renewal occurs at STATE MEET

___ CLINIC REGISTRATION - \$50.00
if postmarked by April 1, 2016

___ CLINIC REGISTRATION - \$75.00
if paid after April 1, 2016

___ CLINIC (staff rate) - \$40.00/each additional coach
if postmarked by April 1, 2016

___ CLINIC (staff rate) - \$65.00/each additional coach
if paid after April 1, 2016

___ COLLEGE COACHES ATTEND FREE

Name: _____

Address: _____

Phone: _____

Email Address: _____

School: _____

Circle shirt size: S M L XL XXL XXXL

MAKE CHECKS PAYABLE TO:
"Pennsylvania High School Swim Coaches Association"

Please Mail Checks To:
Bill Sterner, C/O PHSSCA
1918 Beck Mill Road, Hanover, PA 17331
bsterner@embarqmail.com

Hotel Reservations:
Ramada Inn & Conference Center
1450 South Atherton Street
State College, PA 16801
Phone: 814.238.3001
Fax: 814.867.1527
www.ramadasc.com

Mention that you are part of the PHSSCA Clinic to receive the reduced room rate per night.

KEYNOTE
SPEAKERS



Chris Villa Head Coach Indiana University of PA

Chris Villa begins his 10th season at IUP for the 2015-16 year. Throughout his nine years at IUP, the Crimson Hawks have rewritten the school record board, setting 73 new marks. In the 2011-2012 season, IUP senior Jackie Hynson won her first NCAA title in the 200 butterfly in a time of 1:58.84. The IUP women have garnered 8 All-American accolades and placed 15th in the nation under Coach Villa's direction. In 2010, 2014 and 2015 Chris was recognized as PSCA Coach of the year.

Questions should be directed to:

President, Rich Janosky - rjanosky@doversd.org

1st VP - J.R. Jensen - jrjensen@fairview.iu5.org

2nd VP - Tom Houck - HouTho@Wilsonsd.org

Sec/Treasurer, Bill Sterner bsterner@embarqmail.com

PHSSCA



It is the mission of the Pennsylvania High School Swimming Coaches Association to provide for its members and others an opportunity to learn to better themselves as coaches and thus the programs of which they are involved.

Through a venture of shared knowledge and ideas, we want to see all of our high school athletes prosper and continue with record setting and personal best performances.

This clinic is a terrific opportunity for all of us to help enhance our own individual programs, as well as Pennsylvania Swimming as a whole.

All you have to do is take 1 evening and 1 day from your schedule (most schools will recognize this as a worthwhile conference), attend the sessions, share thoughts and ideas, have fun and take home a wealth of knowledge that will assist you with your coaching efforts. Take the opportunity to become a better coach!

21st

Annual

PHSSCA

Conference

May 5 & 6, 2016

****Thursday & Friday****

Ramada Inn &

Conference Center

1450 South Atherton Street

State College, PA 16801

