

**PENNSYLVANIA HIGH SCHOOL SWIM COACHES' ASSOCIATION  
COACH OF THE YEAR AWARD  
2009-2010**

Awards will be presented to four coaches (AA girls, AA boys, AAA girls, AAA boys) who score the most points based on the following criteria: (1) Dual Meet rankings based on NISCA Power Points, (2) District Meet team finish, and (3) State Meet team finish. To be eligible, you must be a member of PHSSCA, and return both completed forms to: Jim Burkman, 3414 Laurel St., Laureldale, PA 19605 no later than Friday, April 9, 2010. The awards will be presented on Thursday, May 6, 2010 at our 15th Annual PHSSCA Coaches' Conference at Penn State.

Coach's Name: \_\_\_\_\_ School: \_\_\_\_\_  
Coach's Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_  
PIAA District: \_\_\_\_\_ AA: \_\_\_\_\_ AAA: \_\_\_\_\_ Boys: \_\_\_\_\_ Girls: \_\_\_\_\_

EVENT	NAMES		TIME	POINTS
200 Medley Relay	A			
	B			
200 Free				
200 I.M.				
50 Free				
Diving				
100 Fly				
100 Free				
500 Free				
200 Free Relay	A			
	B			
100 Back				
100 Breast				
400 Free Relay	A			
	B			
TOTAL POINTS				

**INSTRUCTIONS**

- 1) You may submit up to 2 relays and 3 individuals per event.
- 2) Maximum individual entries are the same as NFHS rules; 4 events, but no more than 2 individual events.
- 3) All times must have been done in Interscholastic meets during the 09-10 season (USA and YMCA do not count).
- 4) Relays must be from actual relays swum. Compilation of splits from various meets is not allowed.
- 5) Yard times only.
- 6) Diving may be a 6-dive meet or an 11-dive meet.
- 7) Relay lead-off times are permitted for individual event submission.
- 8) Make a copy for your records.
- 9) Power Point tables can be found on-line at [www.niscaonline.org](http://www.niscaonline.org).
- 10) You are encouraged to join NISCA and submit your entry for National Recognition.

