



PENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION
— DISTRICT THREE —

TO: PIAA DISTRICT III ATHLETIC DIRECTORS, SWIMMING COACHES AND DIVING COACHES

**FROM: DONALD SEIDENSTRICKER
DISTRICT III SWIMMING AND DIVING CHAIRPERSON**

DATE: December 18, 2011

**RE: 2011-2012 SWIMMING AND DIVING QUALIFYING GUIDELINES
2011-2012 SWIMMING AND DIVING CHAMPIONSHIPS –
DATES AND LOCATIONS**

The purpose of this memo is to provide you with important information related to the 2012 District III Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of the results of the past two (2) years. We ask that you review all guidelines and if you have any questions, please contact me at 717-633-4807, Ext. 21950. **Non-swim schools should please note that we are again scheduling two (2) District III Qualifying Meets this year.** Please plan to register your swimmers by using the online-entry procedure that will be available in February. Best wishes for a successful swimming and diving season.

IMPORTANT DISTRICT III SWIMMING AND DIVING DATES

DATE	EVENT	LOCATION	TIME
January 2012	Posting of District III Swimming and Diving Information and Non-Swim School Entry on District III Website	district3.piaa.org/swim/2012/info.htm	
Wednesday, February 1, 2012	Qualifying Meet for Non-Swim School Swimmers	Northeastern Middle School	6:00 PM Warm-ups
Saturday, February 4, 2012	Qualifying Meet for Non-Swim School Swimmers	Kutztown University	8:00 AM Warm-ups
Monday February 6, 2012	District III Swimming and Diving Entry Forms Available Online	district3.piaa.org/swim/2012/online.htm	
Tuesday, February 21, 2012	Practice AA Diving Championships	Big Spring High School	5:00-8:00 PM
Wednesday, February 22, 2012	District III AA Diving Championships	Big Spring High School (5:00PM Warm-Up)	6:00 PM
Friday, February 24, 2012	Practice AAA Diving Championships	Governor Mifflin Intermediate School	5:00-9:00 PM
Saturday, February 25, 2012	District III AAA Diving Championships	Governor Mifflin Intermediate School (8:00AM Warm-Up)	9:00 AM
Friday, March 2, 2012 Saturday, March 3, 2012	District III Swimming Championships	Cumberland Valley High School	10 AM

(OVER PLEASE)

2012 DISTRICT III DIVING ENTRY REQUIREMENT

<p><u>Number of Divers</u></p> <p>15 Minimum 20 Maximum</p>	<p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>League</u></td> <td style="text-align: center;"><u>AAA</u></td> <td style="text-align: center;"><u>AA</u></td> </tr> <tr> <td style="text-align: center;">Central Penn</td> <td style="text-align: center;">4 divers</td> <td style="text-align: center;">4 divers</td> </tr> <tr> <td style="text-align: center;">Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> </tr> <tr> <td style="text-align: center;">Mid-Penn</td> <td style="text-align: center;">7 divers</td> <td style="text-align: center;">10 divers</td> </tr> <tr> <td style="text-align: center;">York-Adams</td> <td style="text-align: center;">5 divers</td> <td style="text-align: center;">2 divers</td> </tr> </table> <p>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet)</p> <p><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></p> <p>Each optional dive proof must show a “Judge’s Total Score” of 12.5 or higher to be accepted. Dives with a “Judge’s Total Score” of less than 12.5 will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>GIRLS</u></td> <td style="text-align: center;"><u>BOYS</u></td> </tr> <tr> <td style="text-align: center;">AA 11.5</td> <td style="text-align: center;">AA 11.7</td> </tr> <tr> <td style="text-align: center;">AAA 12.0</td> <td style="text-align: center;">AAA 12.0</td> </tr> </table>	<u>League</u>	<u>AAA</u>	<u>AA</u>	Central Penn	4 divers	4 divers	Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	7 divers	10 divers	York-Adams	5 divers	2 divers	<u>GIRLS</u>	<u>BOYS</u>	AA 11.5	AA 11.7	AAA 12.0	AAA 12.0
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2011 DISTRICT SWIMMING QUALIFYING GUIDELINES

(MEETING THESE GUIDELINES DOES NOT GUARANTEE ACCEPTANCE)

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
(24) 50 Freestyle	27.00	26.00	24.50	24.00
(24) 100 Freestyle	1:00.00	57.00	53.50	52.00
(24) 200 Freestyle	2:10.00	2:05.00	2:01.00	1:54.00
(24) 500 Freestyle	5:55.00	5:40.00	5:30.00	5:12.00
(24) 100 Backstroke	1:09.00	1:05.00	1:05.00	1:00.50
(24) 100 Breaststroke	1:17.00	1:14.00	1:11.00	1:07.00
(24) 100 Butterfly	1:07.50	1:03.50	1:02.00	:59.00
(24) 200 Individual Medley	2:30.00	2:22.00	2:20.00	2:12.50
(16) 200 Medley Relay	2:07.00	2:00.50	1:56.00	1:51.00
(16) 200 Free Relay	1:53.50	1:47.00	1:43.00	1:37.00
(16) 400 Free Relay	4:08.00	3:54.00	3:48.00	3:35.00

*****PLEASE NOTE THAT THE ABOVE TIMES ARE TO BE USED AS GUIDELINES ONLY AND WILL NOT GUARANTEE ACCEPTANCE FOR ENTRY. IF IN DOUBT, ENTER YOUR SWIMMER. IN ADDITION, ALL ENTRIES WILL BE PLACED IN RANK ORDER BY THE COMPUTER PROGRAM. IN THE EVENT OF A TIE AT THE 24TH /16TH (RELAYS) PLACE, IT WILL BE BROKEN BY THE SECOND FASTEST VALID TIME FOR THE SEASON.**